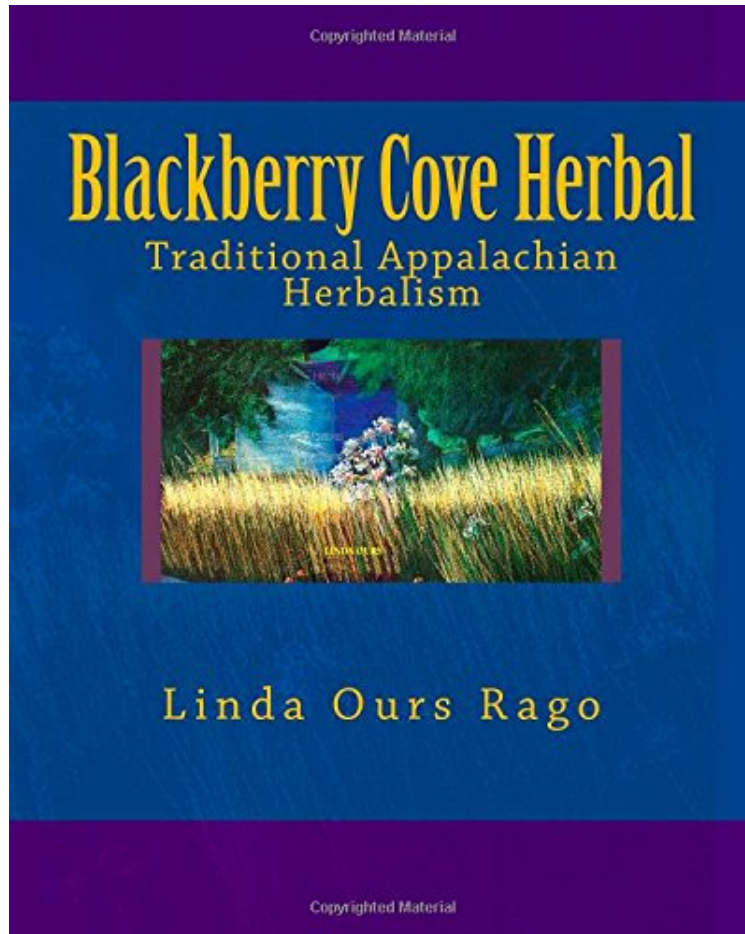


[Mobile book] Blackberry Cove Herbal: Traditional Appalachian Herbalism (Full Color Version)

Blackberry Cove Herbal: Traditional Appalachian Herbalism (Full Color Version)

Linda Ours Rago

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Healing with Common Herbs in the Appalachian Wise-Woman Tradition - Blackberry Cove is a celebration of spiraling seasons, 'grandmother herbs', plants, 'cove creatures', traditional wisdom, and legends found in one small Appalachian mountain glen. Inside you'll find: a month-by-month guide to common herbs found in field and forest; uncovered healing powers; botanical descriptions; medicinal and culinary recipes, and myths and stories passed from one generation to the next. Pastels and watercolors illustrate the herbs and the Appalachian landscape they inhabit. Now walk with herbalist Linda Rago through the seasons of Blackberry Cove and discover the healing wisdom of bygone days. Spiral back to Blackberry Cove!

About the Author Linda Ours Rago has a unique window into the vanishing traditional Appalachian culture with its reliance on herbal healing. She has heard the herbal lore of three generations of women in her own family and during her twenty-five-year career as an herbalist, author, and teacher has shared herbal wisdom with thousands of other people. She brings not only first-hand knowledge of herbal remedies and habits to this her fifth book, but also the magic ingredient of affection, humor and respect for the plants themselves. She is author of Dooryard Herbs, Dooryard Herb Cookbook, Mugworts in May, and The Herbal Almanac. Linda lives in Harpers Ferry, WV.