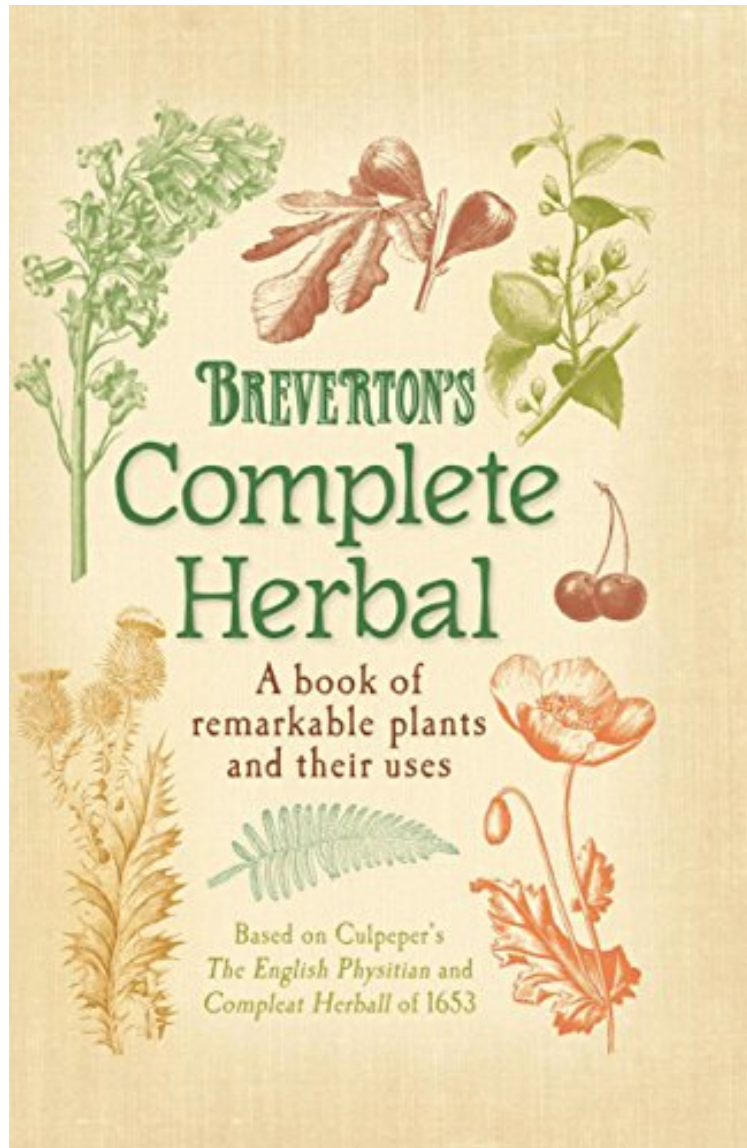


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# Breverton's Complete Herbal: A Book Of Remarkable Plants And Their Uses

*Terry Breverton*

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**Terry Breverton : Breverton's Complete Herbal: A Book Of Remarkable Plants And Their Uses** before purchasing it in order to gage whether or not it would be worth my time, and all praised Breverton's Complete Herbal: A Book Of Remarkable Plants And Their Uses:

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comprehensive. I only wish it also had a section for ailments and how the herbs can be used to help. This tells you what each herb is used for, but if you don't know where to start for a specific condition, you would have to go to each herb. 0 of 0 people found the following review helpful. reference guide to traditional European herbs. Some Eastern and ...By Adriennereference guide to traditional European herbs. Some Eastern and African herbs included as well as their traditional uses. Not a beginners herb book this gives the reader a peek into the past - need to be aware of modern usage and research. 1 of 1 people found the following review helpful. Five StarsBy Pleased customer!!Very happy

Nicholas Culpepers *The English Physitian: or an Astrologo-physical Discourse of the Vulgar Herbs of This Nation* is more commonly known as *Culpepers Complete Herbal*. It was first printed in September 1653 (Culpeper died in January 1654) and immediately became a classic reference that is as fascinating today as it was more than 350 years ago. *Brevertons Complete Herbal* is a reworking of that classic text for a modern day audience. The book identifies each of Culpepers herbs and spices, with a description of their appearance and Latin name/family; plus descriptions of the herbs uses in medicine, dyeing and/or cuisine from the Greeks to the present day. Informative and entertaining, and is packed with interesting facts associated with herbs. For example, most herbs have their uses attached to their old names: Lungwort cured lung illnesses, Fleabane was strewn to get rid of fleas, Wolfbane poisoned wolves, and Henbane killed chickens. Dogs Grass was chewed by dogs when they were sick, Eye-Bright cured eye illnesses, Ducks-Meat was pond-algae, Gout-Herb cured gout, Mad-Wort cured the bite of a mad dog, Hearts-Ease was for heart illness, and Rupture-Wort and Spleen-Wort helped ruptures and spleen illnesses. Arranged alphabetically, *Brevertons Complete Herbal* describes 250 herbs and spices while containing feature sidebars and spreads on scented herb/medicinal gardens, the great herbalists, as well as New World herbs.

About the Author Terry Breverton is a former businessman, consultant and academic and now a full-time writer. He is the author of numerous books on subjects such as the sea and pirates, and has been awarded the Welsh Books Council 'Book of the Month' award five times. Terry has presented documentaries on the Discovery Channel and the History Channel and appeared on around 20 other television programs. Terry is the author of "*Breverton's Nautical Curiosities - A Book of the Sea*" and "*Breverton's Phantasmagoria*," both published by Lyons Press.