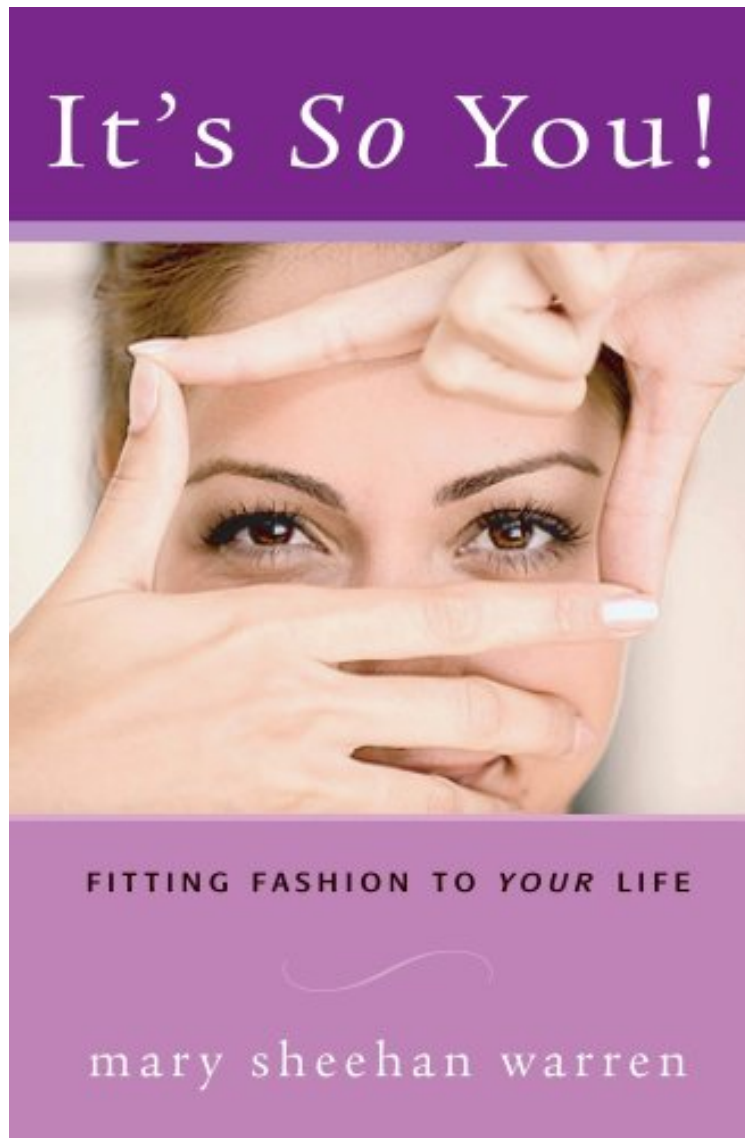


[Free] It's So You! Fitting Fashion to Your Life

It's So You! Fitting Fashion to Your Life

Mary Sheehan Warren
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Mary Sheehan Warren : It's So You! Fitting Fashion to Your Life before purchasing it in order to gage whether or not it would be worth my time, and all praised It's So You! Fitting Fashion to Your Life:

1 of 1 people found the following review helpful. Change your relationship with clothes for the betterBy Rachel MeyerThis book completely changed the way I think about my clothes. I found it first at a library and picked it up without really looking through it, then was pleasantly surprised that she recommends being modest, not too trendy, and having a small, but good, wardrobe. It's very refreshing after looking at fashion advice that expects you to buy a new

outfit every day. It's all about your own dignity and beauty, and allowing clothes to put the attention on you and your face, rather than your clothes. First she helps you identify your color palette, your body type, and your fashion style. Those three elements must be followed when choosing any article of clothing. You are encouraged to go to your closet after each step and get rid of all the clothing that isn't right for you. Then she guides you through deciding which types of wardrobes you need for each season (summer - business casual and personal, for example) and which items should go into those wardrobes. Each wardrobe consists of 8 garments to mix and match. You see what you already have and make a list of what you need to buy. There is pretty extensive advice about shopping and actually finding the things, as well. Finally, she covers accessories, makeup, hair, and laundry. There is also a chapter about helping teenage girls develop a good attitude toward clothing. The entire book is quite comprehensive and very liberating. If you struggle with clothes in any way, whether you have way too many or hate what you have, give this book a chance. 8 of 8 people found the following review helpful. This has been a life changing book for me! By Hope This book was recommended to me as part of a fashion consultation I made with a professional fashion consultant. I had never read a book like it before ever. I'd have to read through hundreds of fashion magazines for decades before I would find all the wonderful tips that this book contains all in one place, and even then I wouldn't. I've doggy-flapped, highlighted and underlined the pages. The book's main message has changed my life - my new attitude is now not to look for "beautiful clothes" but to look for clothes that bring out the beauty in ME (i.e., colors and fabrics and clothing fits that complement me) and that bring attention to my eyes (as opposed to any other part of my body). For this reason, you'll find this book sometimes in Christian bookstores because it offers wonderful, alternative, chastity-promoting advice to a woman looking for something more than what she sees in Bazaar, Vogue, People, etc. ALL THIS TO SAY, I LOVED THIS BOOK!!! And I've gotten more complements in the past year since I've read this book than I've ever gotten in my life. 1 of 1 people found the following review helpful. Full of practical tips. By Dina Ceniza I found this very helpful when I did a wardrobe review, Now I have fewer (more closet space!) clothes but all working together - mix and match. I love my streamlined wardrobe!

Armed with a mirror, a pencil, and a liberating new book, any woman can look her best every day of the week. It's So You! takes women and their aspirations seriously, offering a radical new approach to fashion based on discovering and developing your personal style. You can put fashion in its place, making it a tool for your personal and professional growth, and save heaps of money at the same time. The woman with personal style can wink at the fashion world. Her clothes flatter her and boost her self-confidence because she knows the difference between style and fashion. It's So You! helps you think through your own fashion needs, to become a woman whose dignity and elegance command respect. Mary Warren demystifies the world of haute couture while teaching you to distinguish general fashion from individual style. With a light-hearted and easy tone, she encourages you to value your body as it is, rather than chasing after a glossy magazine image that has nothing to do with who you really are. Through a step-by-step process of self-analysis, you will articulate your personal style. Warren guides you through the key Fashion Moments of Truth and explains the elements of style body type, palette, wardrobe planning, accessories with well organized explanations, instructive charts and illustrations, friendly anecdotes, and answers to frequently-asked questions. The result is a fool-proof Style Profile to take you through every season and situation. And you'll have the cleanest closet of your life. True success in personal style is not self-serving. The legacy of style that you leave to your daughters and friends will inspire them to look and feel their best.

Talk about a book that turned my thinking around! From the beginning of the introduction, author Mary Sheehan Warren had my attention.... Bravo! I've never seen a more comprehensive, personally applicable book on style. I enthusiastically recommend It's So You! to three groups of people: women in general, co-op teachers (there is some great material here to form the basis of a style class for young teen girls), and mothers of daughters. --Kathy Gelzer, The Old Schoolhouse magazine About the Author MARY SHEEHAN WARREN has helped hundreds of women escape from fashion futility. A mother of five, she is the founder of Elegance in Style and Success in Style, sister organizations that provide fashion advice to women from all walks of life. She lives with her family in Milwaukee, Wisconsin.