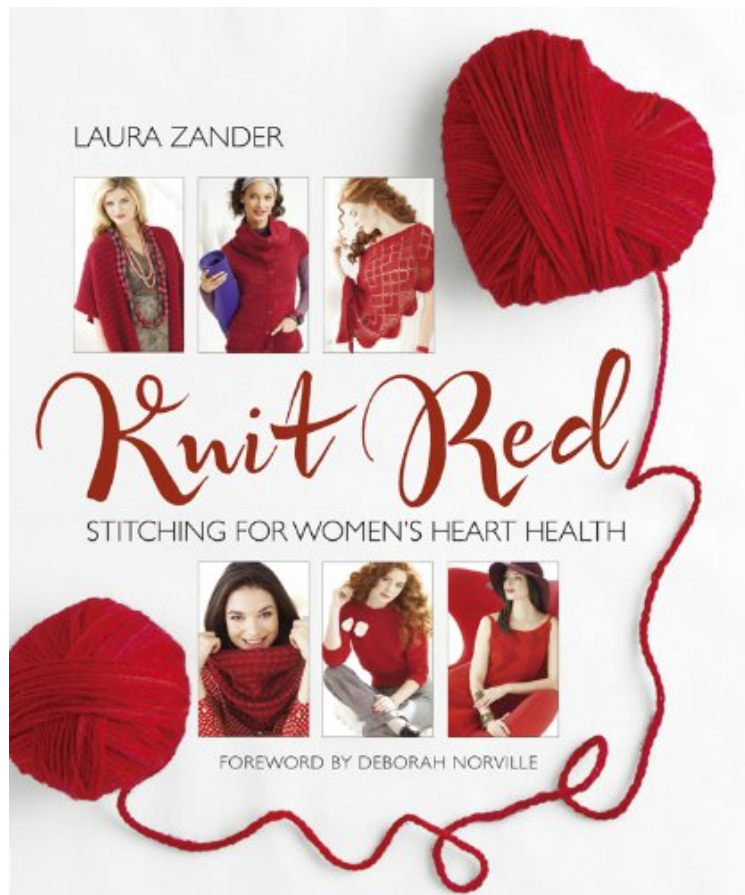


[Ebook free] Knit Red: Stitching for Women's Heart Health (Stitch Red)

Knit Red: Stitching for Women's Heart Health (Stitch Red)

Laura Zander

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Laura Zander : Knit Red: Stitching for Women's Heart Health (Stitch Red) before purchasing it in order to gage whether or not it would be worth my time, and all praised Knit Red: Stitching for Women's Heart Health (Stitch Red):

15 of 15 people found the following review helpful. Beautiful Book, Lovely PatternsBy A. BrookesThis is a well edited and beautifully produced book. The patterns are stylish, with something that will appeal to all age groups and sizes. Each pattern comes with heart smart tips from the designers. Many of the patterns incorporate hearts in the design in a subtle way. Best of all they are knit in the most eye pleasing gorgeous shades of red yarn. I found several projects I would like to knit, a hooded sweater and a lace shawl are at the top of my list. There are knitting tips and heart healthy recipes in their own appropriate sections. I am really pleased I ordered this book and suggest that it would make a great gift for your knitting friends and family.9 of 9 people found the following review helpful. For the Knitting Room and Coffee TableBy CustomerThis is a fabulous knitting book. It is suitable for a wide range of knitters from the expert to the beginner. I bought it for one of Kieran Foley's lacy shawls,but discovered so much more when I opened the book. It is put together with finesse, include healthy living tips by the many designers, is beautifullyphotographed, but most importantly is full of stunning knitwear. Kieran's shawl does not disappoint. But

there is more: a red hoodie, a ruffly edged V-neck, a lacy heart market bag. The cover has a yarn wound heart making the art on the cover itself a complement to a country home. This will be a beloved book. 2 of 2 people found the following review helpful. I do love this book. By Karin I do love this book, but be aware there is an error in Chart 2, first row of Kieran's red shawl. The OO should be O SSK (the symbol) for that. I wish someone had posted it so I knew. I wasted a lot of time on that error. Finally researching at Ravelry, yes there is an error, but one person said the first row, another said row 11. I'm hoping row 11 doesn't have an error (that is my next row to knit). Neither one said what the error was. So it took a bit for me to figure out. One mentioned it should be SSK, but not where. This particular pattern everyone has said they had to follow the chart as they never could quite figure it out without the chart. Some rated the shawl for difficulty a 3, but I'd say more like a 5 (harder) and I am an expert knitter. Lucky for me I could fix the mistake, because otherwise pulling it all out was unthinkable.

Gorgeous knitwear--that does good, too! The knitting community has always come together to support a great cause, and Knit Red once again attests to knitters' generous, giving spirit. These 30 beautiful red-themed projects help raise awareness of the number-one killer of women today: heart disease. The patterns are all donated by top designers, including Debbie Stoller, Nicky Epstein, Debbie Bliss, Norah Gaughan, Deborah Newton, Melissa Morgan-Oakes, Iris Schreier, Jared Flood, and Ysolda Teague. In addition, the book offers important medical information, a Heart Healthy Resources and Action Plan, and powerful stories from survivors of this deadly ailment.

About the Author Laura Zander is the founder of the online superstore jimmybeanswool.com and an avid knitter who has partnered with the Heart Truth Foundation to raise awareness and money to fight the #1 killer of women.